### All About AES

The (mostly) weekly newsletter from AES

Our mission: Exceptional instruction without exception

October 19, 2016

#### Calendar

Oct 20 4th grade to SEE Science Center 8:45 - 2:30

Oct 26 AES School Council 6:30 pm

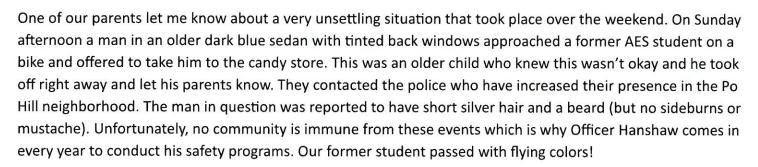
Oct 31 Costume Parade 9:30 am \*note corrected time

Nov 8 Election Day – No School for students – Parent/Teacher Conferences

Book Fair runs from Oct 20 - Oct 27



See something – say something



#### In the News – What has happened is happening and will happen around AES

The second grade had a wonderful hike up the trail to Battis Farm and Camp Kent. The trip was fantastic, complete with blue skies and great weather! On the way, they went on a woodland scavenger hunt looking for different plants and animals that would be found in this habitat. The children really seemed to enjoy stopping along the way to look for the various items. During the walk, the teachers talked about the habitats—the butterfly garden at Camp Kent, the Woodland and the Pond. The students also completed a five senses activity and measured the circumference of six different tree trunks. When the classes got back, they used all this information to complete some math and literacy activities. It was great for them to have the opportunity to see the change of seasons in this environment!

This is indeed the season of fairs, and the annual Fall Book Fair in the library is coming from October 20 to October 27th in the AES Library! Students will visit the book fair during their regular library classes, and parents are welcome to join them! If you would like to send money to school please send the cash (sorry, no checks) to school in an envelope with your child's name on it. Volunteers are needed and very much welcome during this busy event, so if you would like to help, please contact librarian Terri Anstiss at <a href="mailto:anstisst@amesburyma.gov">anstisst@amesburyma.gov</a>. See you at the Book Fair!



## The Scholastic Book Fair is Coming to AES!

### October 20th through October 27th AES Library

Volunteers needed on October 19 and 27 for setup/breakdown, as well as daily during the sale to assist students with their shopping.

Children will visit the book fair during their library classes. Parents are welcome to join them! Cash or credit only. No checks. Please send money to school in an envelope with your child's name on it. Thank you!

Sale closes at 10 a.m. on 10/27.

Please email me if you have any questions, or if you would like to volunteer: Terri Anstiss,

anstisst@amesburyma.gov



### **Help Wanted: Library Volunteers!**

Would you like to make a difference at AES? Consider becoming a library volunteer!

Volunteers are an essential part of every successful library program. The hours are flexible, the kids are delightful, smiles are abundant, and the work you do improves the quality of learning for the whole AES community. Whether you are interested in a weekly commitment, an occasional project, a leadership role, or stopping by for 15 minutes every now and then to tackle the cart of books waiting to be shelved, you are appreciated!

If you are interested in becoming a library volunteer, please contact me via email at <a href="mailto:anstisst@amesburyma.gov">anstisst@amesburyma.gov</a>.

Thank you in advance for supporting your child's school library program!

Sincerely,

Terri Anstiss, Librarian



# Amesbury Elementary School invites you to join the Gift Book Program

The AES Library is inviting you to make a book donation to our library in honor of your child's birthday. The purpose of the **Gift Book Program** is to help build a quality collection of children's books in the library and to honor your child on his/her birthday. This program is also a wonderful way to recognize and honor a teacher or staff member. Books will be presented during library to recipients and he/she will be the first person to check out the new book. After the book is returned, it will become a part of the our collection.

You or your child may select a book from the library gift book collection housed in the library, or I will assist your child in choosing an appropriate book. We will add a bookplate with your child's name, age, birthday, and will send a card to your child announcing the donation. A suggested donation is \$10-15 which covers the cost of most books, handling, and processing costs.

During the month of your child's birthday, you will receive a notice inviting you to participate. Summer birthdays will be sent home in the fall. If you have any questions, please contact me at <a href="mailto:anstisst@amesburyma.gov">anstisst@amesburyma.gov</a>. Of course, participation in the program is strictly optional. Once again, thank you for your support!

Sincerely,

Terri Anstiss Library Media Specialist

### **AMESBURY PTO**

FALL FUNDRAISER ENDS THIS WEEK

## Charleston Wrap™

**End Date: FRIDAY, October 21st** 

### **Highest Sales Prizes!**

HIGHEST INDIVIDUAL SALES:
Pizza lunch and special recess with a few friends AND the principal
HIGHEST CLASSROOM SALES:
Special classroom snack and recess

### ONLINE SHOPPING!

Register your student at <a href="https://www.charlestonwrapstore.com">www.charlestonwrapstore.com</a>
School ID#: AES -5785 CES-5846
Students will receive a 6 digit code to share with friends & family.

Please note: personalized and "online only items" cannot be ordered via 4 part order form. If these items are written on the 4 part order form, they will NOT be fulfilled.

Monies raised help support field trips, in-school programs, fun family events and after-school enrichment programs. The PTO will earn 40% in profit from sales. Thank you!

As always, tax deductible donations to Amesbury PTO are gladly accepted in lieu of orders.

If you have any questions, please contact:

AES: Kathleen Aitken at professional630@yahoo.com
AES: Susan Wagner at susan.wagner@gmail.com
CES: Danielle Rodrigues at dwald22@gmail.com

Please join us for our next PTO General Meeting Monday, October 24th 7 PM in the AES cafeteria.



Please come by to find out about upcoming activities and opportunities. Children are always welcome.

Please send any questions or agenda items to Sara Graham (sara@grahamworld.com)

Mr. McBrien, M.Ed. Amesbury Elementary School 20 South Hampton Road, Amesbury MA 01913



**AES Newspaper Club** October 12<sup>th</sup>, 2016

Do you like to write? Would you like to be part of the AES Newspaper club? If so I'd like to invite you to join the AES Newspaper Club!

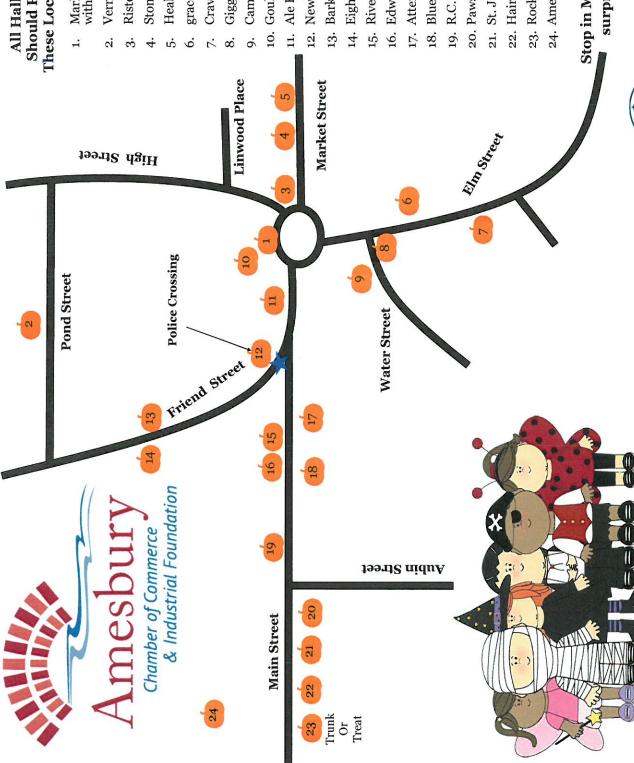
The club will meet weekly, on Thursday mornings from 7:30 to 8:15, but you must be able to get here at 7:30 in order to participate. Your job will be to write news stories about our school..what is going on in the classroom, the halls, in the playground, or anywhere news is happening at AES. Stories may become part of the AES Newsblog and sometimes, stories are sent on to the local newspapers. The best stories will become part of our Cable Television news show that we film right here in the Art/Tech room. You will need to work independently during the week to collect news and be ready to write up your stories in the lab each Thursday....are you ready? If you are, we will be meeting Thursday, October 20th, at 7:30 in the main lobby to get started!

Participation is limited to FOURTH GRADE students, so please bring this signed permission (bottom portion of this slip) from your parent/guardian indicating their permission to take part.

Volunteer parent editors are very much needed for our morning productions and are welcome!

Mr. McBrien

Newspaper Club Permission Slip	PLEASE RETURN SIGNED BY PARENT/GUARDIAN	Due: 10/20/16	
I give my child Amesbury Elementary School New I understand that the club meets Th		e before school	
I understand that this is a voluntary club, and that Mr. McBrien may, at his discretion, end participation of any child for reasons of disruptive behavior or lack of effort.			
Signature of parent or guardian			



# These Locations for a Trick... or a Treat! Should Proceed at Their Own Pace to All Halloween Ghosts and Goblins

- Market Square for a Professional Photo with The Artsy Artichoke
- Vermette's Market
- Ristorante Molise
- Stone Ridge Properties
- Healey, Deshaies, Gagliardi & Woelfel
- graces boutique & gallery
- Crave (Elm Street Entrance)
- Giggles of Amesbury
- Cameron Office Products
- Gould Insurance Agency
- 11. Ale House
- 12. Newburyport Five Cents Savings Bank
- 13. Barking Dog
- Eighteen Friend Street
- 15. Riverwalk Gallery
- 16. Edward Jones Peter Doyle
- 17. Attentif Design
- 18. Blue Wave Fine Art Gallery
- R.C. Briggs Insurance
- 20. Paws Pet Boutique
- 21. St. James Episcopal Church
- 22. Hair Company K.
- 23. Rock Church (Restrooms Available)
- 24. Amesbury Public Library

Stop in Market Square for a special surprise from our sponsor.

> OCTOBER 25, 2016 5:30-7:30PM DOWNTOWN TRICK-OR-TREAT



Contact the Chamber of Commerce with any questions at 978-388-3178 or info@amesburychamber.com.



### 11th ANNUAL WINTER COAT PROGRAM

Collecting new and gently used warm winter jackets, parkas, snowsuits, heavy winter sweatshirts for teens, ski jackets and waterproof gloves to support community adults and children in need.

All sizes from infant to XXL are needed.

PLEASE DROP OFF AT:

Millennium Engineering, Inc.

(Go to the back of the building.)

62 Elm Street (rte. 110) Salisbury, MA (across the street from Merrimack River Feline Rescue Society)

Monday, November 7<sup>th</sup> Wednesday, November 9<sup>th</sup> Thursday, November 10<sup>th</sup> 10am to 2pm

Direct inquiries to Peg Brown, Coat Volunteer Coordinator at:

coatdrive@pettengillhouse.org

Or call Pettengill Family Resource Center at: 978-792-5205



### Amesbury Educational Foundation Inc.

## AUTUMN EVENING OF GIVING

Come enjoy an autumn evening with friends and celebrate the winners of:

The annual \$10,000 Jordan M. Shay Memorial Grant
An annual grant funds innovative programs in the Amesbury School System

### A \$5,000 AEFI Educational Grant

Monday November 7th
6pm-9pm
The Ale House
33 Main Street Amesbury, MA

Tickets are \$25 and include a

Delicious 4 course buffet dinner featuring a seasonal menu

For information on this event or to purchase tickets in advance visit www.AEFIonline.com





### The Federation for Children with Special Needs presents

### **BASIC RIGHTS**

### In Special Education A Workshop for Parents and Professionals

The Basic Rights workshop provides families with an introduction to their rights and responsibilities under:

- Individuals with Disabilities Education Act (IDEA)
- Massachusetts Special Education Law

This workshop is designed to help parents learn to be effective partners with their child's school to decide their child's eligibility for special education, and to plan, make decisions and monitor their child's progress in school.

Date: October 19, 2016

Location: Amesbury High School Library

Time: 6:00 pm

Contact: Mary Jepson Mywelch 63 @ comcast. net

Questions regarding this workshop should be directed to the contact individual listed above. A presenter from the Federation for Children with Special Needs will conduct this workshop. Federation workshops are free and open to the public. You are welcome to attend any workshop in or outside of your immediate community.

#### Save the Date for FCSN's Annual Conference 2017!

The Federation's Visions of Community conference 2017 will take place on **Saturday**, **March 4**, **2017** from 8am-5pm at the Seaport World Trade Center, Boston.

The Federation for Children with Special Needs
Schrafft Center, 529 Main Street, Suite 1M3 Boston, MA 02129
617-236-7210 or 800-331-0688, ext. 0 or <a href="http://fcsn.org/pti/workshops/home.php">http://fcsn.org/pti/workshops/home.php</a>



### **AMESBURY SEPAC**

(Special Education Parent Advisory Council)

## SENSORY FRIENDLY FALL FAMILY DANCE

Friday, October 28 6:30 to 8:30 PM Amesbury Middle School Cafeteria

## Family and Friends Welcome COSTUMES ENCOURAGED

Contact Andrea Chase with questions at asabia1996@my.fit.edu

# Learn About Foster Parenting and Adopting from Foster Care



October 13th - Tues. 7:00pm - 3:50pm

October 23rd - Sun. Noon - 1:30pm

11Hale Street Newburyport, MA at Hope Community Church

Register online for an info, session hopenewburyport.com/fostercare

or call 503-264-1922

The Massachusetts Department of Children & Families serves children of all ages — from infants to adolescents — from every community — who need a home.

- ❖ You can be single, married, partnered, divorced; or widowed.
- ♦ You can rent or own a home.
- ◆ Time spent with you in a stable and secure environment gives a child a chance to heal.
- ★ The rewards of providing daily care, guidance and acceptance to a child are immeasurable.

Consider doing something that will matter forever.

Become a Foster Parent.





### Do you have a child under 5? Are you pregnant or breastfeeding?

#### WIC OFFERS FAMILIES

- · Personalized nutrition consultations
- · Free healthy food
- · Tips for eating well to improve health
- Referrals for medical and dental care, health insurance, child care, housing and fuel assistance, and other services that can benefit the whole family

Call 1-800-WIC-1007 or visit mass.gov/wic

TDD/TTY: 617-624-5992
This institution is an equal opportunity provider.

Check these guidelines to see if WIC might be right for your family.

HOUSEHOLD SIZE	YEARLY	MONTHLY	WEEKLY
1	\$21,978	\$1,832	\$423
2	29,637	2,470	570
3	37,296	3,108	718
4	44,955	3,747	865
5	52.614	4,385	1,012
6	60,273	5,023	1,160
7	67,951	5,663	1,307
8	75,647	6,304	1,455

IF YOU ARE PREGNANT, YOU SHOULD COUNT YOURSELF AS TWO.



GOOD FOOD and A WHOLE LOT MORE!



### ¿Tiene un hijo menor de 5 años? ¿Está embarazada o amamantando/lactando?

#### **WIC OFRECE A LAS FAMILIAS**

- Alimentos saludables gratis
- Apoyo de lactancia
- Consultas personalizadas de nutrición
- Referidos para atención médica y dental, seguro de salud, cuidado de niños, asistencia para combustible y vivienda, jy otros servicios que pueden beneficiar a la familia entera!

Llame al **1-800-942-1007**o visite mass.gov/wic

TDD/TTY: 617-624-5992

Esta institución es un proveedor que ofrece igualdad de oportunidades.

Verifique estas pautas para decidir si WIC es el programa adecuado para su familia.

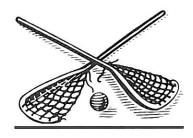
TAMAÑO DE FAMILIA	ANUAL	MENSUAL	SEMANAL
1	\$21,978	\$1,832	\$423
2	29,637	2,470	570
3	37,296	3,108	718
4	44,955	3,747	865
5	52,614	4,385	1,012
6	60,273	5,023	1,160
7	67,951	5,663	1,307
8	75.647	6.304	1.455

SI USTED ESTÁ EMBARAZADA, DEBE CONTARSE POR 2.



**BUENOS ALIMENTOS y MUCHO MÁS!** 

### **Amesbury Youth Lacrosse Signups**



Sign up now to join the exciting and fast growing sport of Lacrosse for the spring of 2017.

What: Amesbury, Youth Lacrosse

Registration Period: Now - November 20th

**When**: Spring of 2017 (Approximately April – June)

**How:** www.NYLAX.org (there are selections for Amesbury Teams)

This year all Amesbury youth (boys and girls) interested in playing the action packed game of lacrosse, in **Amesbury** should sign up through the Newburyport Youth Lacrosse website. Registration will be starting now @ www.nylax.org . *Please note that registration typically closes very quickly*.

For each age group where enough Amesbury players register to field a team, we will be signing up in the Mass Bay Youth Lacrosse Program as an Amesbury team and practicing in Amesbury (This is the same league the other area towns play in). For those age groups that we do not have enough players to field a team players and if you have played in NBPT before, you will be able to play on a Newburyport team as they have in years past (there may be some exceptions but we are really going to work to make this happen.)

Last year Amesbury had teams at the 7<sup>th</sup>/8<sup>th</sup>, 5<sup>th</sup>/6<sup>th</sup>, 3<sup>rd</sup>/4<sup>th</sup> Grade boys teams We hope to add a 1st/2<sup>nd</sup> grade team

Newburyport continues to offer great support as we make this jump to having our own program and has been a great partner in helping us make this happen.

If you have questions or would like to sign up, please contact: AYlacrosse@gmail.com

Follow us on Facebook @ Amesbury Youth Lacrosse & Friends of Amesbury Lacrosse





#### AMESBURY HOLIDAY PARADE

December 3, 2016 STARTS AT 3:30

GET YOUR GROUP TOGETHER AND REGISTER ONLINE @ www.amesburyholidayparade.com

THEME - TOYLAND

PERHAPS A SPECIAL VISITOR FROM THE NORTH POLE!

LOTS & LOTS MORE INFORMATION TO COME SOON!

ANY QUESTIONS CONTACT: MICHELLE LAMOTT -

MICHELLELAMOTT@COMCAST.NET

KATE CURRIE- CURRIE.KATHERINE76@GMAIL.COM

WE WILL BE NEEDING VOLUNTEERS FOR DAY OF THE EVENT!



#### October 2016 Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3 Bagel w/Cream Cheese Chilled Fruit Assorted 100% Juice	4 Ham, Egg & Cheese on a English Muffin Chilled Fruit Assorted 100% Juice	Pancakes W/Syrup Chilled Fruit Assorted 100% Juice	6 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	7 Assorted Muffin w/Mozzarella Cheese Stick Chilled Fruit Assorted 100% Juice
Columbus Day Schools closed	Sausage, Egg & Cheese on a English Muffin Chilled Fruit Assorted 100% Juice	12 Mini Cinni French Toast Chilled Fruit Assorted 100% Juice	13 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	14 Assorted Muffin w/Mozzarella Cheese Stick Chilled Fruit Assorted 100% Juice
Bagel w/Cream Cheese Chilled Fruit Assorted 100% Juice	Ham, Egg & Cheese on a English Muffin Chilled Fruit Assorted 100% Juice	Pancakes w/Syrup Chilled Fruit Assorted 100% Juice	20 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	21 Assorted Muffin w/Mozzarella Cheese Stick Chilled Fruit Assorted 100% Juice
24 Bagel w/Cream Cheese Chilled Fruit Assorted 100% Juice	25 Sausage, Egg & Cheese on a Biscuit Chilled Fruit Assorted 100% Juice	26 Mini Cinni French Toast Chilled Fruit Assorted 100% Juice	27 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	28 Assorted Muffin w/Mozzarella Cheese Stick Chilled Fruit Assorted 100% Juice
31 Bagel w/Cream Cheese Chilled Fruit Assorted 100% Juice	27 Ham, Egg & Cheese on a English Muffin Chilled Fruit Assorted 100% Juice	28 Pancakes w/Syrup Chilled Fruit Assorted 100% Juice	29 Yogurt w/ Choice of Cereal Chilled Fruit Assorted 100% Juice	30 Assorted Muffin w/Mozzarella Cheese Stick Chilled Fruit Assorted 100% Juice

This institution is an equal opportunity provider and employer



#### Alternate Breakfast Available Daily

Cereal Bowl & Mozzarella Cheese Stick

We offer a variety of kid-friendly cereal choices. All cereal is whole grain.

Offered w/ Featured Fruit or Juice Sides
AND Choice of Skim, 1% or Fat Free Flavored Milk

\*All grain items made with whole grain

A full student breakfast includes a choice of entrée, fruit/vegetable side dishes, and a choice of milk. Milk choices include 1% white, skim white, skim chocolate

Questions?
Please call Kevin Kish @ 978-388-4800
X4339

## October 2016 Elementary Lunch Menu Amesbury Public Schools



	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Patty on a bun w/Lettuce & Tomato Crunchy Oven Fries	Campbell's Tomato Soup Toasted Cheese Sandwich Fresh Veggie Sticks	Italian Meatball Sub Crinkle Cut Fries Seasoned Mixed Vegetables	Breakfast for Lunch!!! French Toast Sticks with Sausage Patties Tater Tots	Cheese or Pepperoni Pizza Seasoned Broccoli
	Alternate Meals: Nacho F	un Lunch, Ham & Cheese o	n Whole Wheat Bread, Sun	Butter & Jelly Sandwich	
	Columbus Day Schools Closed	Macaroni and Cheese Hot Dog on Wheat Bun Seasoned Broccoli	Pasta with Italian Meat Sauce Seasoned Green Beans Wheat Roll	Breakfast for Lunch!!! Pancakes with Sausage Patties Hash Brown Potato Patty	Cheese Pizza Dunker w/ Pizza Dipping Sauce Tossed Salad
	Alternate Meals: Bagel Fur	Lunch, Turkey & Cheese o	on Whole Wheat Bread, Sur	Butter & Jelly Sandwich	
	17  Chicken Nuggets!!!  Mashed Potatoes  w/Gravy  Seasoned Corn  Wheat Roll	Spaghetti &Meatballs!!! Seasoned Broccoli Wheat Roll	Nachos!!! Seasoned Beef w/ Tortilla chips, Cheese Sauce, Lettuce Seasoned Corn, Salsa	Breakfast for Lunch!!! Waffles with Sausage Patties Hash Brown Potato Patty	Cheese or Pepperon. Pizza Seasoned Broccoli
	Alternate Meals: Pepperor	ni Pizza Bagel Fun Lunch, (	Chicken Caesar Salad, Sun	Butter & Jelly Sandwich	
	24 Italian Chicken Parm Sandwich Mixed Vegetables Crunchy Oven Fries	75 Turkey Tacos!!! Mild Salsa Lettuce, Cheese Seasoned Corn Brown Rice	26 Chicken Caesar Salad made to order Mixed Greens topped with Chicken Nuggets and choice of Tomatoes, Cucumbers, Cheese and Croutons w/ Dinner Roll & Caesar Dressing	Breakfast for Lunch!!! French Toast Sticks with Sausage Patties Tater Tots	Cheese Pizza Dunkers w/ Pizza Dipping Sauce Tossed Salad
Alt	ternate Meals: Bagel Fun Lu	nch, Ham & Cheese Junior	Sub w/ Lettuce & Tomato,	Sun Butter & Jelly Sandwic	h
	31 Classic Cheeseburger on Whole Grain Bun Oven Baked Fries Lettuce & Tomato Seasoned Carrots	Free Dessert with meal purchase on Monday, October 314!!!			
	Alternate Meals: Nacho Fu	un Lunch, Ham & Cheese o	n Whole Wheat Bread, Sun	Butter & Jelly Sandwich	
49.75	Choose with any Meal: Tossed Salad Broccoli Florets	Choose with any Meal: Caesar Salad Fresh Cherry Tomatoes	Choose with any Meal: Tossed Salad	Choose with any Meal: Caesar Salad	Choose with any Meal: Tossed Salad

This institution is an equal opportunity provider and employer

Cucumber Coins

Assorted Fresh Fruit

Assorted Chilled Fruit

Fresh Cherry Tomatoes

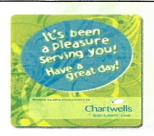
Assorted Fresh Fruit

Assorted Chilled Fruit

Broccoli Florets

Assorted Fresh Fruit

Assorted Chilled Fruit



Questions? Please call: Kevin Kish – Director of Dining Services 978-388-4800 X4339 A full student hinch includes a choice of entrée, fruit/vegetable side dishes, and a choice of milk. Milk choices include 1% white, skim white, skim chocolate

Carrot Sticks

Assorted Fresh Fruit

Assorted Chilled Fruit

Chick Peas

Assorted Fresh Fruit

Assorted Chilled Fruit